

Foodbank shopping list

- Cereals
- UHT milk
- Tea
- Tinned meat – corned beef, pies, ham etc
- Tinned fruit
- Tinned vegetables
- Toilet rolls
- Rice
- Tuna, sardines & mackerel
- Jars of coffee
- Sugar
- Crackers
- Toothpaste
- Shampoo (2in1's)
- Soap
- Baked beans
- Tinned tomatoes
- Tins of custard/rice pudding
- Pasta
- Pasta sauce
- Biscuits
- Soup
- Washing tablets/capsules
- Oil
- Honey & jams etc
- Sanitary wear
- Deodorant
- Shower gel